

Dursley Road Club **#upthedursley**

Dursley Road Club are proud to host this years first round of the
WTTA Hill Climb Series on Stouts Hill

Headquarters
Top of Stouts Hill

Organiser Details:
Russell Peace
russellpeace@msn.com
07584205653

Timekeeper Details:
TBC

Sign on & HQ will be open from 9:00am

Prizes will be awarded for the following. Please note - no results will be provided on the day in accordance with the CTT COVID Guidelines. Results and prizes will be issued AFTER the event.

Men	Women	Team
1 st - £20	1 st - £20	1 st Team of 3 - £10 each
2 nd - £15	2 nd - £15	
3 rd - £10	3 rd - £10	
1 st VET - £15		
1 st Junior - £15		
1 st Juvenile - £15		

This event is run for and on behalf of Cycling Time Trials under their Rules and Regulations.

U15 - Stouts Hill - Course Description

Starts by the electrical pilon shortly after the Stouts Hill Cotswold Holiday Resort entrance
The course lures you into a false sense of security with the flat section at the beginning
Don't worry... your pace will rapidly decrease as you hit the 13-15% gradient
There's a left and right hand bend before the long straight through the wooded section
This section has a consistent 11-12% gradient so settle into a good rhythm
Time will begin to slow as you get lost in your own world of hurt
Your mind will begin to shut-down to cope with the pain building in your legs and lungs
If you're still conscious near the top, you'll get to a sharp right bend followed by a sharp left bend
If you have any energy left at this point, you didn't go hard enough
When you get round the left hand bend, you'll see the finish line in sight
You'll attempt to sprint to the line only to find your legs can barely support your own body weight
The gradient eases up so you'll attempt to pick the pace up... good luck with that!
If you're lucky, this last section will go by quickly
The finish is when you pass by the 12% gradient sign on the left hand side
If you have any energy left, please shout your number and continue up the road
There is plenty of space to turn around further on
Good Luck!!

Strava Link: <https://www.strava.com/segments/922327>

Whilst I'm pleased to be hosting this event despite the difficult times, the format will be significantly different compared to recent years. In attempt to provide as much protection for the riders as possible I have decided to forego the comforts of the usual HQ this year... instead, this event will resemble more of a Type B 'Club' event with a HQ based at the top of the hill.

There is plenty of parking nearby and within the local village of Uley. Please park responsibly and ensure appropriate access is provided at times.

NO Parking within the immediate Start & Finish areas.

The closest toilet facilities will be at Sainsbury's in Dursley.

Based on current COVID restrictions, please ensure you read & adhere to the following notices

DO NOT attend if you feel ill in ANY way or if family members have any symptoms.

An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warmup.

All warm-ups should be done on the road. Static warm-ups are prohibited.

Riders MUST NOT gather in anyway regardless of current guidelines in the HQ area or elsewhere.

Please arrive at the Start NO EARLIER than 5 mins before your start time and ensure you adhere to the social distancing markings on the road.

Competitors on finishing MUST NOT stop at the finish and MUST NOT loiter at the HQ/car park and MUST pack away and leave immediately upon completion of the race.

No support can be provided if a competitor suffers mechanical difficulties. It is strongly advised that all competitors carry with them a spare inner-tube/tubular, pump and tyre levers if required.

It is strongly advised that all competitors carry a mobile phone and take with them the telephone number of the event organiser. Please telephone the organiser if you have failed to finish the event (Russell Peace - 07584205653)

There should not be a pusher-off. A competitor MUST start with one foot on the ground.

There will also be no 'catcher'... so leave a bit of energy for the ride over the line!

Please avoid bringing spectators to the event.

No prizes will be given on the day, or a results board. I will endeavour to upload the results and ensure prizes are issued asap.

Please ensure you arrive 'Dressed to Race'... there will be no changing facilities.

Numbers will be available from 9:00 onwards at the HQ area at the top of the climb.

Pens will not be supplied. You MUST BRING YOUR OWN PEN!.

Number	Start Time	Firstname	Lastname	Club	Gender	Category
4	10:04:00	Christine	Wellington	Birmingham Running, Athletics and Triathlon Club	Female	Veteran
5	10:05:00	Louise	Hart	Monmouth Tri Club	Female	Senior
6	10:06:00	Bexy	Dew	Army Cycling	Female	Senior
7	10:07:00	Natalie	Creswick	Magspeed Racing	Female	Senior
8	10:08:00	Heidi	Blunden	73 Degrees Bicycles, WestSide Coaching rt	Female	Senior
9	10:09:00	Josie	Vallis	Avid Sport	Female	Juvenile
10	10:10:00	Emily Kate	Walton	Beeston Cycling Club	Female	Senior
11	10:11:00	Alan	Green	Bristol South Cycling Club	Male	Veteran
12	10:12:00	Robert	McPherson	Saint Piran	Male	Senior
13	10:13:00	Richard	Bennett	Bristol South Cycling Club	Male	Senior
14	10:14:00	Michael	Lee	Sodbury Cycle Sport	Male	Espoir
15	10:15:00	Daniel	Capel-Smith	University of Bath Cycling Club	Male	Espoir
16	10:16:00	Karl	Norris	360VRT	Male	Veteran
17	10:17:00	Edward	Arnold	Stroud Valley Velos	Male	Senior
18	10:18:00	Tom	Williams	Webbs 1902 CC	Male	Junior
19	10:19:00	David	English	Chippenham & District Wheelers	Male	Veteran
20	10:20:00	Oliver	Pidgeon	myhillcycling.co.uk	Male	Veteran
21	10:21:00	James	Harrison	Sodbury Cycle Sport	Male	Senior
22	10:22:00	Richard	Emery	Severn Road Club	Male	Veteran
23	10:23:00	James	Gill	360VRT	Male	Senior
24	10:24:00	Alistair	Hardy	Cheltenham & County Cycling Club	Male	Veteran
25	10:25:00	Christopher	Britten	Sodbury Cycle Sport	Male	Veteran
26	10:26:00	Thomas	Hall	Bristol South Cycling Club	Male	Senior
27	10:27:00	Richard	Burt	Solihull CC	Male	Veteran
28	10:28:00	James	Meaden	Sodbury Cycle Sport	Male	Espoir
29	10:29:00	Tom	Cooling	Bristol South Cycling Club	Male	Senior
30	10:30:00	Paul	Jones	Bristol South Cycling Club	Male	Veteran
31	10:31:00	Matthew	Skeats	University of Bristol Cycling Club (UOBCC)	Male	Senior
32	10:32:00	Thomas	Southey	Bristol South Cycling Club	Male	Senior
33	10:33:00	Charlie	Lacaille	University of Bristol Cycling Club (UOBCC)	Male	Espoir
34	10:34:00	Matt	Melville	Cycle Club Basingstoke	Male	Veteran
35	10:35:00	Carl	Jolly	University of Bristol Cycling Club (UOBCC)	Male	Espoir
36	10:36:00	Chris	Truman	Velo Club Bristol	Male	Veteran
37	10:37:00	Adam	Whitehead	Bristol South Cycling Club	Male	Senior
38	10:38:00	Ellis	Pullinger	Rugby Velo	Male	Espoir
39	10:39:00	Tom	Lowe	Born to Bike - Bridgtown Cycles	Male	Veteran
40	10:40:00	Sam	Westlake	PDQ Cycle Coaching	Male	Senior
41	10:41:00	Andrew	Metherell	Salt and Sham Cycle Club	Male	Veteran
42	10:42:00	Jenson	Harris	Avid Sport	Male	Juvenile
43	10:43:00	Harvey	Thomas	Bristol Road Club	Male	Juvenile
44	10:44:00	Cameron	Coley-Smith	Stourbridge CC	Male	Senior
45	10:45:00	Dylan	Cherruault	Avid Sport	Male	Juvenile
46	10:46:00	William	Jewitt	Giant CC Halo Films	Male	Junior
47	10:47:00	Cameron	Biddle	Halesowen A&CC	Male	Espoir
48	10:48:00	Josh	Coyne	Bpm Coaching	Male	Senior
49	10:49:00	Andrew	Feather	HuntBikeWheels.com	Male	Senior
50	10:50:00	Ed	Laverack	VAMos.CC	Male	Senior